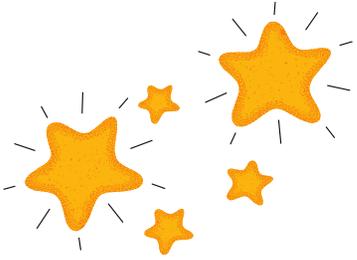


# CENTRAL LYON MENU ~ MARCH 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**BREAKFAST PRICES:**

Student: Free  
 Adult: \$1.90  
 Second Juice: \$ .40

**LUNCH PRICES:**

Grades TK-6: \$2.40  
 Grades 7-12: \$2.50  
 Adult: \$4.85  
 Second Entrée: \$2.50  
 Extra Milk: \$ .40

**BREAKFAST SERVING TIME**  
 IS 7:45am - 8:05 am

Menu items are subject to change without notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, at (712) 472-2664.

**This institution is an equal opportunity employer.**

BREAKFAST

LUNCH

BREAKFAST

LUNCH

BREAKFAST

LUNCH

**2**  
 Breakfast Pizza  
 Yogurt

Salisbury Steak  
 Mashed potatoes  
 Mixed veggies  
 Peaches  
 Dinner Roll

**3**  
 Sausage & Pancake Sandwich  
 Yogurt

Chili Crisпитos  
 Romaine lettuce w/ dressing  
 Peas  
 Sandwich K-4  
 Applesauce

**4**  
 Cereal  
 Toast

Popcorn Chicken w/ Smiles TK-6  
 Orange Chicken w/ rice 7-12  
 Broccoli  
 Pears  
 Sandwich

**5**  
 Scrambled Eggs  
 Hash Brown patty  
 Toast

Corn Dog  
 Baked beans  
 Broccoli w/ ranch  
 Pineapple

**6**  
 Mini Cinni or Strawberry cream  
 Cheese bagel  
 Yogurt

Cheese Quesadilla  
 Corn  
 Baby carrots  
 Juice cup

**9**  
 Breakfast Sandwich  
 Yogurt

Chicken Nuggets  
 Mashed Potatoes  
 Gravy or butter  
 Carrots  
 Peaches  
 Dinner Roll

**10**  
 Pancake Bites & Syrup  
 Yogurt

Hamburger on a bun  
 Hash brown patty  
 Green beans  
 Apple Slices

**11**  
 Cereal  
 Toast

Beef Tacos w/ lettuce & cheese  
 Corn  
 Strawberry cup  
 Salsa 5<sup>th</sup>-12th  
 Sandwich 7-12

**12**  
 Cheese Omelet  
 Toast

Meatball Sub w/mozz cheese  
 Romaine lettuce w/ dressing  
 Broccoli  
 Applesauce

**13**  
 Donut  
 Yogurt

Pizza  
 Mixed veggies  
 Baby carrots w/ ranch  
 Mixed Fruit

**16**  
 Dutch Waffle  
 Yogurt

Chili & Chips  
 Corn  
 Broccoli w/ ranch  
 Pears  
 Sandwich 7-12

**17**  
 Waffles & Syrup  
 Yogurt

Hot Dog on a bun  
 Baked beans  
 Chips  
 Peaches

**18**  
 Cereal  
 Toast

Pancakes & Sausage  
 Syrup  
 Peas  
 Baby carrots  
 Grapes  
 Sandwich 7-12

**19**  
 Breakfast Taco  
 Yogurt

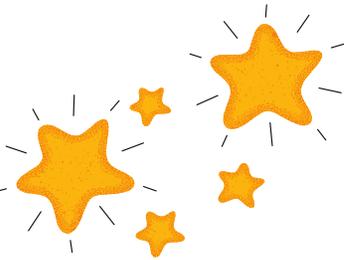
Italian Dunkers w/ meat sauce  
 Romaine lettuce w/ dressing  
 Green beans  
 Pineapple

**20**

**NO SCHOOL**

All breakfasts are served with milk, juice, and fruit.  
 All lunches are served with 1% white or fat free chocolate milk.

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BREAKFAST

LUNCH

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<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Breakfast Bagel Toast	French Toast Sticks w/ syrup	Cereal Toast	Egg bites Yogurt	Apple Cinnamon Pastry Yogurt
Beef & Bean Nachos Corn Baby carrots Orange wedges <i>Sandwich 7-12</i>	Breaded Pork Patty Mashed potatoes Gravy or butter Green beans Applesauce Sandwich	Spaghetti w/ meat sauce Romaine lettuce w/ dressing Garlic Toast Pears	Hot Ham & cheese Sandwich Broccoli Baby carrots Apple Slices	Grilled Cheese sandwich Mixed veggies Broccoli w/ ranch Peaches
<b>30</b>	<b>31</b>			
Egg & Cheese Biscuit Toast	Pancake on a stick Syrup			
Chicken Patty on a bun Jumbo Tots Peas Mixed Fruit	Taco in a Bag Lettuce & Cheese Corn Pineapple <i>Sandwich 7-12</i>			



All breakfasts are served with milk, juice, and fruit.  
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